

2024 I INVEST IN ME LEADERSHIP CONFERENCE & FUNDRAISER

MAXIMIZING YOUR IMPACT

Presented by



OWENS

MEET

CECIL HOLSTON

Cecil Holston II is a Licensed Mastered Social Worker with over 14 years of experience in the field. He is the founder of Black Clinicians of Toledo and the visionary behind the Empowering Minds Summit, aimed at uplifting and empowering youth within the community.

Also, Cecil is the creative mind behind Emotional Support Hoodies, merging fashion with mental health advocacy. A graduate of the University of Toledo with a bachelor's degree in social work in 2009 and Spring Arbor University with a master's degree in social work in 2021, Cecil's academic journey has been complemented by hands-on experience and a passion for making a difference.

In his professional career, Cecil has worked extensively with diverse populations, including fathers, reentering citizens, families, children, adolescents, and young adults. His seven years as a therapist have equipped him with the skills and empathy to navigate complex emotional landscapes and foster positive change.

Beyond his professional endeavors, Cecil finds joy in DJing, video gaming, and continuously learning new skills and trades. He proudly embraces the role of father to his son, Myles, and remains dedicated to creating a brighter, more inclusive future through his work and advocacy efforts.



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