

Volunteer Opportunities

Be Healthy - Get Involved!

Looking to impact health and hunger through volunteerism?
Check out a few of these opportunities!

Dial 2-1-1 or email volunteer@unitedwaytoledo.org to get connected to these opportunities. Looking for something a little different? No problem! Call anyway, or visit www.unitedwaytoledo.org/volunteer to browse hundreds of opportunities.

Toledo Seagate Food Bank

Opportunity: Packing volunteer

Description: Volunteers will pack food boxes for seniors on an assembly line.

Toledo Area Ministries

Opportunity: Co-op assistant

Description: The TAM Wholesale Co-op is where food is stored for the 12 different food banks run by Toledo Area Ministries. Food is picked up from this location and is then distributed to the neighborhood pantries of Toledo. This volunteer opportunity involves stocking supplies, ordering needed food, and helping maintain a clean and safe facility.

Cherry Street Mission

Opportunity: Breakfast servers

Description: Volunteers are needed to assist with breakfast preparation at the South Toledo Community Center. **This project takes place Monday - Friday from 7:00 - 10:00 a.m.**

Food for Thought

Opportunity: Saturday morning picnic volunteer

Description: At Food For Thought, it's more about the thought than the food. Nothing is a better example of this than their Saturday Morning Picnics. Saturday mornings, rain or shine, volunteers meet at the little park next to the Main Library in downtown Toledo (corner of Adams and Michigan) at 10:15 am. They set up card tables, unpack the van and any other vehicles, and people start lining up to receive a brown bag lunch, fruit, snacks, drinks, and any other treats they might have on-hand.

Toledo GROWS

Opportunity: Gardening volunteer

Description: Toledo GROWS has many year-round volunteer opportunities available at its 70+ community gardens and greenhouses located throughout the metropolitan Toledo area.

United Way
Volunteer Center

